What is claimed is:

- 1. A magnetic recording medium having a nonmagnetic substrate on which is provided at least a softly magnetic under-film, an orientation control film that controls an orientation of a film directly above, a perpendicular magnetic recording film having an axis of easy magnetization oriented to be mainly perpendicular to the substrate, and a protective film, wherein the orientation control film is alloy containing at least Cr and C.
- 2. The magnetic recording medium according to claim 1, wherein the orientation control film has a C content that is not less than 10 at% and not more than 80 at%.
- 3. The magnetic recording medium according to claim 1, wherein the orientation control film has a C content that is not less than 30 at% and not more than 70 at%.
- 4. The magnetic recording medium according to claim 1, wherein the orientation control film has a Cr content that is not less than 3 at% and not more than 80 at%.
- 5. The magnetic recording medium according to claim 1, wherein the orientation control film has a thickness that is not less than 0.5 nm and not more than 20 nm.
- 6. The magnetic recording medium according to claim 2, wherein the orientation control film has a thickness that is not less than 0.5 nm and not more than 20 nm.
- 7. The magnetic recording medium according to claim 1, wherein the perpendicular magnetic recording film is formed of a material containing at least Co and Pt.
- 8. The magnetic recording medium according to claim 2, wherein the perpendicular magnetic recording film is formed of a material containing at least Co and Pt.

- 9. A method of manufacturing the magnetic recording medium according to claim 1, comprising carrying out, in order, at least a step of forming a softly magnetic under-film on a nonmagnetic substrate, a step of forming an orientation control film that controls an orientation of a film directly above, a step of forming a perpendicular magnetic recording film having an axis of easy magnetization oriented to be mainly perpendicular to the substrate, and a step of forming a protective film.
- 10. A method of manufacturing the magnetic recording medium according to claim 2, comprising carrying out, in order, at least a step of forming a softly magnetic under-film on a nonmagnetic substrate, a step of forming an orientation control film that controls an orientation of a film directly above, a step of forming a perpendicular magnetic recording film having an axis of easy magnetization oriented to be mainly perpendicular to the substrate, and a step of forming a protective film.
- 11. A magnetic recording and reproduction apparatus comprising the magnetic recording medium according to claim 1 and a magnetic head that records and reproduces information on the magnetic recording medium, wherein the magnetic head is a magnetic monopole head.
- 12. A magnetic recording and reproduction apparatus comprising the magnetic recording medium according to claim 2 and a magnetic head that records and reproduces information on the magnetic recording medium, wherein the magnetic head is a magnetic monopole head.